Salt and Serenity

Mexican Marinated Skirt Steak

This was inspired by a similar recipe in the September 2010 issue of Canadian House and Home. I have adapted it slightly.

2 tablespoons cumin seeds

2 jalapeño peppers, stemmed, seeded and roughly chopped

2 garlic cloves, roughly chopped

½ teaspoon kosher salt

2 teaspoons freshly ground black pepper

1/4 cup fresh lime juice

1/2 bunch cilantro, stems and leaves

½ cup olive oil

2 pound flank steak

- 1. Lightly toast cumin seeds in a small dry skillet until they begin to smell fragrant. Pour seeds into a food processor or blender. Add the jalapeños, garlic, salt, pepper and lime juice and purée for about 2 minutes.
- 2. Add cilantro and olive oil and purée until smooth.
- 3. Place skirt steak in a zip-loc bag and pour marinade into bag. Seal bag and massage steak so marinade gets into every little nook and cranny.
- 4. Refrigerate for at least an hour or up to 12 hours.
- 5. Heat gas BBQ on high heat for 5 minutes. Turn down heat to medium-high and grill steak for 3-4 minutes per side. Remove from grill and let steak rest for 5 minutes before slicing.
- 6. Thinly slice against the grain.