Salt and Serenity

Maple Macadamia Milk Chocolate Cookies

Recipe adapted from the Lindt chocolate website.

Makes 30 cookies

¾ cup butter
2/3 cup sugar
2 Tablespoons maple syrup
1 ½ teaspoons maple extract
1 egg, beaten
2 2/3 cups all –purpose flour
1/3 cup macadamia nuts, coarsely chopped
2 ounces (60 grams) Milk Chocolate, chopped into ¼ inch chunks
2 tablespoons Maple salt or fleur de sel

- In the bowl of an electric mixer fitted with the paddle attachment, cream together butter and sugar until light, about 5 minutes. Add egg and mix well. Mix in maple syrup and maple extract. Reduce speed to low and add flour. Mix until just combined, 5 to 10 seconds. Add macadamia nuts and milk chocolate and mix briefly, just to incorporate them evenly into the dough.
- Separate the dough into two portions and roll into 2 "logs". Use a little flour if necessary.
- 3. Wrap in parchment paper or plastic wrap and let rest in the refrigerator for a minimum of 6 hours or overnight.
- 4. Preheat oven to 350°F (180°C)
- 5. Cut dough into approximately ¼-inch (6-millimeter) slices, and place on cookie sheets lined with parchment paper. These cookies spread so leave at least 2 inches between cookies.
- 6. Sprinkle with maple salt or fleur de sel.
- 7. Bake 10-12 minutes or until the cookies just begin to turn golden brown.
- 8. Let cool.