## Salt and Serenity

## Pam's Cornbread

2 teaspoons room temperature butter

- 1 1/3 cups all-purpose flour
  2/3 cup cornmeal
  ½ cup corn flour
  2/3 cup sugar
  5 teaspoons baking powder
  ½ teaspoon salt
  1 1/3 cups homogenized milk
  2 ½ ounces melted butter
  1 large egg, beaten
  1 can corn, drained
  1 jalapeno pepper, seeded and finely diced
  - 1. Preheat oven to 350°F. Grease a 9 inch cast iron pan or a 9 inch round or square cake pan with 2 teaspoons room temperature butter. Place pan in oven to get hot while you prepare the batter.
  - 2. In a large bowl, combine the flour, cornmeal, corn flour, baking powder and salt. In a separate bowl, combine milk, egg and melted butter, add to dry ingredients and mix until just combined. Gently mix in drained corn and diced jalapeno.
  - 3. Pour batter into hot pan. Bake on middle rack of oven for about 40-45 minutes.
  - 4. Let cornbread cool in the pan, on a rack for about 45 minutes. Turn out onto a rack to finish cooling or eat warm.