Salt and Serenity

Marcella Hazan's Genius Tomato Sauce with Onion and Butter

This recipe is from Marcella Hazan's "Essentials of Italian Cooking".

SERVES 6, ENOUGH TO COAT 1 1/2 POUNDS OF PASTA

For the Sauce:

2 pounds fresh ripe plum tomatoes, prepared as described below **OR** 2 cups canned imported Italian plum tomatoes, cut up, with their juice 5 tablespoons butter

1 medium onion, peeled and cut in half

- 1 teaspoon kosher salt
 - 1. Put either the prepared fresh tomatoes or the canned in a saucepan, add the butter, onion and salt, and cook uncovered at a very slow, but steady simmer for about 45 minutes, or until it is thickened to your liking and the fat floats free from the tomato.
 - 2. Stir from time to time, mashing up any large pieces of tomato with the back of a wooden spoon.
 - 3. Taste and correct for salt. Discard the onion. Stir sauce well and toss with pasta. Serve with freshly grated Parmigiano-Reggiano cheese.

Making Fresh Tomatoes Ready for Sauce

There are three options here:

- The blanching method: Plunge tomatoes into boiling water for a minute or less. Drain them and, as soon as they are cool enough to handle, skin them, and cut into coarse pieces.
- 2. The freezing method (from David Tanis, via the Kitchn): Freeze tomatoes on a baking sheet until hard. Thaw, either on the counter or under running water. Skin them and cut into coarse pieces.
- 3. The food mill method: Wash the tomatoes in cold water, cut them lengthwise in half, and put them in a covered saucepan. Turn on the heat to medium and cook for 10 minutes. Set a food mill fitted with the disk with

the largest holes over a bowl. Transfer the tomatoes with any of their juices to the mill and puree.