Salt and Serenity

Pomegranate and Tomato Salad

Yotam Ottolenghi's Tomato and Pomegranate Salad in his beautiful new book, "More Plenty", inspired this salad. I added some pickled shallots, grated ricotta salata cheese and a sherry vinaigrette.

Serves 4

1/4 cup red wine vinegar

¼ cup water

1 tablespoon Kosher salt

1 teaspoon granulated sugar

2 shallots, thinly sliced

4 cups assorted grape or cherry tomatoes (red, yellow, orange) cut into ¼ inch dice

4 Kumato Tomatoes, or Plum tomatoes, cut into ¼ inch dice

1 large Pomegranate, seeds removed

2 tablespoons Sherry vinegar

½ teaspoon honey

2 teaspoons pomegranate molasses

4 tablespoons olive oil

½ teaspoon kosher salt

¼ teaspoon freshly ground black pepper

10 whole basil leaves, thinly sliced

10 whole fresh mint leaves, thinly sliced

4 ounces Ricotta Salata cheese, grated or crumbled (optional)

- 1. Combine red wine vinegar, water, salt and sugar. Add sliced shallots and let pickle for 30 minutes. Drain shallots; discard liquid and set drained shallots aside.
- 2. Combine diced tomatoes, pomegranate seeds and pickled shallots in a large mixing bowl.
- 3. Male dressing: whisk together sherry vinegar, honey, pomegranate molasses, olive oil salt and pepper. Drizzle dressing on diced tomatoes and pomegranate seeds. Mix in sliced basil and mint.
- 4. Add grated ricotta salata and toss. Serve.