Salt and Serenity

Skirt Steak with Pomegranate Tomato Salsa

Serves 4

Marinade:

1½ pounds skirt steak,

1 cup red wine

¼ cup olive oil

2 Tablespoons red wine vinegar

2 Tablespoons pomegranate molasses

1 Tablespoon honey

2 tablespoons fresh thyme, finely chopped

1 teaspoon black pepper

2 cloves garlic, minced

2 bay leaves

Salsa:

1 cup loosely packed Italian parsley leaves

2 cups grape tomatoes (rainbow coloured ones are pretty) cut into quarters

1 large pomegranate, seeded

Zest of 1 lime

2 Tablespoons extra virgin olive oil

½ teaspoon kosher salt

½ teaspoon black pepper

- 1. Combine red wine, olive oil, red wine vinegar, pomegranate molasses, honey, thyme, pepper, garlic and bay leaves to make marinade. Place skirt steak in a zip-lock plastic bag and pour marinade over the meat. Seal bag and refrigerate for at least 2 hours or overnight Remember to turn bag occasionally so that all parts of the steak get marinated.
- Make the salsa: Coarsely chop parsley. Mix chopped parsley, tomatoes, pomegranates, lime zest, olive oil, salt and pepper, until well combined. Set aside salsa.
- 3. Drain steak well and discard marinade. Preheat barbecue grill and cook skirt steak over medium high heat for about 3-4 minutes per side. Transfer steak to a cutting board and let stand for about 5 minutes. Slice into 3 to 4 inch portions with the grain, then slice against the grain into 1/4-inch strips.
- 4. Serve steak with salsa on the side.