Salt and Serenity

Chocolate Dipped Mint Sandwich Cookies

The inspiration for this cookie comes from <u>Trader Joes Dark Chocolate Covered Peppermint Joe Joes.</u> I used Martha Stewart's recipe for the chocolate cookies (December 2008 issue of Martha Stewart Living Magazine) and adapted Stella Park's recipe for the peppermint cream filling.

Makes 25 sandwich cookies

I have included instructions for tempering the bittersweet chocolate for dipping. You will need an instant read thermometer for this. If you want your cookies to look professional, and have a nice shine, as well as not have them melt in your hand while you are eating them, I recommend tempering the chocolate first, before dipping. If you don't really care, then go ahead and dip without tempering.

Cookie Dough:

135 grams (1 cup) all-purpose flour

42 grams (½ cup) unsweetened Dutch-process cocoa powder

1.5 grams (½ teaspoon) baking soda

2 grams (½ teaspoon) baking powder

2 grams (1/2 teaspoon) Diamond Crystal Kosher salt

71 grams (5 tablespoons) unsalted butter, softened

148 grams (¾ cup) sugar

¼ teaspoon peppermint extract

1 large egg

1 large egg yolk

Peppermint Cream Filling:

170 grams (12 Tablespoons) unsalted butter, softened

5 grams (1 teaspoon) vanilla extract

1 gram (¼ teaspoon) peppermint extract

1/8 teaspoon Diamond Crystal Kosher salt

1 drop pink gel food colouring (optional)

240 grams (2 cups plus 1 Tablespoon) icing sugar, sifted

Chocolate Dip:

908 grams (5 cups) bittersweet (64-70%) chocolate, coarsely chopped

3 grams (¾ teaspoon) peppermint extract

Peppermint Garnish:

8 large candy canes or 30 peppermint candies, crushed

1. **Make chocolate cookies:** Preheat oven to 325°F. Sift flour, cocoa powder, baking soda, baking powder, and salt into a bowl. In the bowl of a stand mixer, fitted with the paddle attachment, cream butter and sugar on medium-high speed for 1 minute. Reduce speed to

- medium-low, and add egg, then yolk, beating well after each addition. Beat in peppermint extract. Slowly add flour mixture and beat until just incorporated.
- 2. Divide dough in half and pat each half into an 8-inch square. Dust both sides of the dough with cocoa powder and roll dough, between two sheets of parchment paper, to an 1/8 inch thickness. Leave dough between sheets of parchment and chill for about 30 minutes. Repeat with second piece of dough.
- 3. After chilling, peel off top parchment sheet and gently lay it back in place. Flip the dough over; peel off and discard second parchment layer. Brush off any excess cocoa powder. Using a 1¾-inch round cookie cutter, stamp out circles of dough.
- 4. Arrange on a parchment-lined baking sheet, leaving ¼ inch between wafers. Gather scraps, knead, re-roll, and cut as before. Repeat with remaining dough as well. Any remaining scraps can be discarded. Bake until cookies are dry to the touch, about 7 minutes. Transfer parchment, with cookies, to wire racks, and let cool. Flip half the cookies upside down so that they are ready for filling.
- 5. **Prepare peppermint cream filling:** Beat butter in the stand mixer fitted with a paddle attachment, for 2 minutes. Add vanilla, salt, peppermint extract and 1-2 drops pink gel food colouring (if using) and beat until smooth and creamy, about 3 minutes. Transfer to a disposable pastry bag fitted with a 1/2-inch tip.
- 6. **Fill cookies:** Pipe a generous dollop of filling in the center of each upturned wafer (just shy of 1 tablespoon, or a little more than 1/4 ounce). Sandwich with remaining halves, and chill in fridge until filling has set, about 30 minutes.
- 7. If you want to temper chocolate before dipping, see instructions on the next page. If not, gently melt chocolate over double boiler and proceed to the next step.
- 8. **Dip and decorate cookies:** Dunk cookies into melted (tempered or untempered, your choice!!) chocolate. Using a fork, turn to coat, let excess drip off, and gently scrape bottom against edge of bowl. Place on parchment-lined baking sheets, and sprinkle 1/4 teaspoon of crushed candy on top. Refrigerate until set, up to 3 hours. Decorated cookies will keep in the fridge for about a week or can be frozen for up to 3 months.

Instructions for tempering chocolate for dipping.

- 1. Melt 680 grams (3¾ cups) of chocolate in a heatproof bowl set over a pot of gently simmering water until it reaches 115°F. Remove from heat.
- 2. Next you want to cool the chocolate. Add the remaining 228 grams (1½ cups) of chocolate to the bowl and stir constantly. Once the chocolate cools to 82°F 84°F, remove any large chunks of unmelted chocolate from the bowl.
- 3. Next you want to reheat the chocolate briefly. Place the chocolate bowl over the warm water in the double boiler for 5-10 seconds, remove it and stir, and repeat, until the temperature reaches 89°F 91°F for dark chocolate.
- 4. The best way to maintain this temperature is to place the bowl on a foil covered heating pad set on low. Remember to stir occasionally. Any leftover chocolate can be spread out on a parchment lined baking sheet and cooled. It can be reused.