## Salt and Serenity

## Musakhan Wraps

Serves 4

Recipe very slightly adapted from Anas Atassi's new book <u>Sumac</u>.

Anas explains, "This recipe is an ode to sumac - originally from Palestine, where they serve a whole chicken flavored with sumac on bread, topped with a whole lot of sumac-spiced onions. Using the same ingredients, I make a Syrian version by shredding the chicken, then frying it with onion and sumac and rolling it up in flatbread."

- 4 boneless skinless chicken thighs
- 1 a'atryaat (2 cinnamon sticks, 2 cloves, 3 green cardamom pods, and 1 bay leaf tied in a bundle)
- 2 teaspoons Diamond Crystal Kosher salt (or 1 teaspoon Morton's Kosher salt)
- ¼ teaspoon black pepper
- 4 tablespoons extra-virgin olive oil
- 3 large onions, yellow or red or a mix, thinly sliced
- 2 tablespoons of sumac
- 3 tablespoons pine nuts (toasted)
- 4 large or extra-large size flour tortillas (sometimes labelled for burritos)
- ½ cup plain Greek yogurt (or <u>Tofutti sour cream</u> if you want to keep this dairy-free)
- 1 clove garlic, grated on a microplane grater or chopped very fine
- 2 tablespoons freshly squeezed lemon juice
- ¼ teaspoon salt
- 1/8 teaspoon pepper
- 2 tablespoons freshly chopped dill (optional but delicious)
  - 1. Bring a large pot of water to a boil. Add the chicken thighs, a'atryaat (spice bundle), and salt and pepper. Simmer the chicken for 20 minutes, until cooked through.
  - 2. While the chicken is cooking, make the yogurt sauce. Mix yogurt or Tofutti sour cream, garlic, lemon juice, salt, pepper and dill, if using. Set sauce aside.
  - 3. Drain the chicken thighs and cool. Discard the spice bundle. When chicken is cool enough to handle, shred the meat with your fingers.
  - 4. In a pot, heat 2 Tablespoons of the olive oil over medium-low heat. Sauté the onions for 7-9 minutes, or until softened. Add the shredded chicken, sumac, pine nuts, and the remaining 2 Tablespoons of olive oil. Fry everything together for an additional 5 minutes. Add salt and pepper to taste.

- 5. Place a few spoonfuls of the shredded chicken mixture onto each flatbread. Fold the sides of the flatbread toward the inside over the filling, and then fold into a rectangular parcel.
- 6. Heat a frying pan over high heat and cook the wraps for 2 minutes on each side until golden and crispy. Serve them warm with yogurt sauce.