Salt and Serenity

Apple Cider Doughnuts

Recipe from <u>Dessert Person</u> (Claire Saffitz) Makes 10 donuts

Special equipment: deep-fry thermometer, <u>donut cutter</u> or $3\frac{1}{4}$ inch round cutter and $1\frac{1}{4}$ inch round cutter.

- 485 grams (2 cups) apple cider
- 128 grams ($\frac{1}{2}$ cup) apple butter
- 113 grams ($\frac{1}{2}$ cup) sour cream
- 2 teaspoons vanilla extract
- 455 grams (3¹/₂ cups) all-purpose flour
- 2¹/₂ teaspoons baking powder
- 1 teaspoon kosher salt
- 1/2 teaspoon baking soda
- 1 teaspoon ground cinnamon
- 1/8 teaspoon freshly grated nutmeg
- 53 grams (1/4 cup) light brown sugar, packed
- 50 grams (1/4 cup) granulated sugar
- 2 large eggs
- 56 grams (4 tablespoons) unsalted butter, melted and cooled
- 198 grams (1 cup) granulated sugar
- 1 Tablespoon ground cinnamon

Vegetable oil (for frying)

All-purpose flour for dusting parchment lined baking sheet (see step 7 in recipe)

- Bring apple cider to a boil in a medium saucepan over medium-high heat and cook until liquid is thick, syrupy, and reduced to about ¹/₂ cup. This will take about 20 minutes. Scrape into a medium bowl and whisk in apple butter, sour cream, and vanilla until incorporated; set aside.
- 2. Whisk flour, salt, baking powder, baking soda, cinnamon, and nutmeg, in a medium bowl.
- 3. Using an electric hand beater or stand mixer, beat 1/4 brown sugar, 1/4 cup granulated sugar and 2 eggs on medium-high speed, until light and fluffy, about 3-4 minutes. Add melted butter and mix for another minute.
- 4. Reduce mixer speed to low and add dry ingredients in 2 additions, alternating with cider mixture in 2 additions, starting with dry ingredients and ending with cider mixture (dough will be very soft and sticky).
- 5. Scrape dough onto a parchment lined-rimmed baking sheet thoroughly dusted with flour (about $\frac{1}{3}$ cup). Dust hands and top of dough with more flour, then gently pat dough to into a $\frac{3}{4}$ " thick rectangle. Dust with more flour and tightly cover with plastic wrap; chill dough at least 3 hours, or up to overnight.
- 6. Make cinnamon sugar: Whisk 1 cup granulated sugar and 1 Tablespoon cinnamon in a small bowl until no lumps remain.

- 7. While dough is chilling, cut 10 squares of parchment paper, each about 4 inches square. This will make transferring donuts into hot oil much easier. Working on baking sheet, punch out as many rounds as you can with the donut cutter or 3¹/₄ inch round cookie cutter. Dip cutter into bowl of flour before each cut. If you used the 3¹/₄ inch round cookie cutter, you will need to use the 1¹/₄" cutter to punch out center of each round. Place each donut on a 4-inch square of parchment paper.
- 8. Gather doughnut scraps, reserving holes, and gently re-roll without overworking dough; repeat until all dough has been used (you should have 10 doughnuts).
- 9. Set a wire rack inside a paper towel-lined rimmed baking sheet. Fit a large pot with deep-fry thermometer and pour in oil to a depth of 3". Heat over medium-high until thermometer registers 350°. Working in batches, fry doughnuts until deep golden brown, about 3 minutes per side. Transfer to prepared rack and let cool slightly. Fry doughnut holes until deep golden brown, about 2 minutes per side. Transfer to prepared rack and let cool slightly. Fry doughnut holes until deep golden brown, about 2 minutes per side. Transfer to prepared rack and let cool slightly. For a doughnut holes until deep golden brown, about 2 minutes per side. Transfer to prepared rack and let cool slightly. Toss warm doughnuts and doughnut holes in cinnamon sugar.

Donuts are best served within a few hours of frying.